

### Who are we?

The **Rydalmere East Public School**Parents and Citizens (**P&C**) Association is the focal point for parent involvement at our school and provides a place for parents to discuss and debate matters of interest relating to the school and community.

All parents and guardians of children at **Rydalmere East Public School** are automatically members of the P&C.

The P&C holds regular meetings throughout the school year. All parents and carers are welcome to attend, hear about what is happening around the school, propose ideas and participate.

Each April, an Annual General Meeting is held and an executive committee is appointed. Nominations and votes come from members who attend the meeting.

The executive committee oversees the Association's operation while co-ordinators or sub-committees look after each of the services which the P&C provides.

### What do we do?

The P&C provides strong community support for the school by encouraging parents to be involved in the workings of the school.

The REPS P&C run many events and provide a number of services for students and families. These include:

- **School Canteen**, offering a variety of healthy food choices
- A Welcome BBQ at the beginning of each school year
- Mother's Day & Father's Day Breakfasts
- Mother's Day and Father's Day stalls
- Special events such as discos & BBQ's throughout the year
- The annual Easter and Christmas raffles
- Catering for ANZAC Day & Remembrance Day morning teas
- Fundraising to provide improvements to the school and new resources for students
- Input into our school's policies via attendance at monthly P&C meetings
- Applying for community grants to provide landscaping, bubblers, walkways, etc. for the school.

### Helping out

The P&C values the rich diversity of skills and experiences that each family brings to our school. We appreciate any help that families are able to offer.

#### Ways you can help include:

- Help for a few hours in the canteen or uniform shop
- Assist at school sporting events
- Sort lost property
- Attend P&C meetings or participate on P&C sub-committees
- Assist at fundraising events & stalls
- Help maintain the gardens
- Cook or serve at school BBQs
- Respond to specific calls for help from teachers
- Attend P&C meetings

To find a job that suits, please come along to a P&C meeting or keep an eye on our newsletter for volunteer requests.



## Benefits of participating

P&C activities create opportunities for parents and carers, students and staff to interact, building a feeling of respect and a stronger, safer, school community.

When you participate, you benefit by:

- meeting other parents in the community
- understanding more about what happens at school
- getting to know the teachers better
- sharing your skills with other parents/teachers and learning new ones
- helping out sets a good example for your children

Your children will benefit too. Research shows that when parents are involved, students get better grades, have a better attitude to school and improved behaviour!



### **Contacts**

To find out more about the REPS P&C Committee and how you can contribute, visit the P&C section on the school's web site at:

https://rydalmeree-p.schools.nsw.gov.au

Or, follow us on Facebook at: Rydalmere East Public School P&C

Or, contact our school P&C representatives repscommunity@gmail.com

You can also find out about upcoming P&C events and the occasional call for help in the school's fortnightly 'Grapevine' newsletter.



### **Rydalmere East Public School**

Phone: 02 9638 2250
Email: rydalmeree-p.school@det.nsw.edu.au



# Our P&C committee

Proudly Supporting the Students & Families of Rydalmere East Public School

