



On The Grapevine

A quality education in a caring, innovative environment

March 2016 (Issue 2)

Our Magnificent Year 6

The entire Year 6 was presented with a class Principal's Award. Their behaviour and attitude during a recent performance was exemplary. They displayed great enthusiasm and participation, and were excellent role models for younger students. Well done, Year 6!

Harmony Day and the Bongo Brothers

On Thursday, 17 March students were entertained by 'The Bongo Brothers'. This was a multicultural performance of music, theatre and storytelling from all over the world. The performance enriched our celebration of Harmony Day which embraces our cultural diversity through inclusiveness, respect and a sense that 'everybody belongs'. Children further celebrated this significant day by wearing mufti with orange as the theme.



Autism Awareness Day

Next Friday 1st April, Rydalmere East Public School is celebrating Autism Awareness Day in order to raise awareness about children with Autism. To celebrate this event students are encouraged to wear blue mufti clothing and will participate in class activities to help raise awareness.

*** Paying on line?? Just fill in the fields marked with a green asterisk

ASD swimming carnival



Our students from the Support Classes for Children with Autism attended the Northcott's Primary Interschool Swimming Carnival at Ryde Aquatic Leisure Centre. Thank you to Belinda and our wonderful staff members for providing transport on the day.

Ethan from 3/6D reports 'I went to Ryde Aquatic Centre on Friday 18th March. I went with K/2L and 3/6D and I competed against other kids. I did freestyle, backstroke, breaststroke, the noodle race and I played in the duckie pool. My best was backstroke. I had a good day at Ryde Aquatic Centre.'

Sydney-West Hockey Trials

Congratulations to Xavier who represented our school at the Sydney-West Hockey Trials on Tuesday 22nd March, 2016. He had a great day honing his hockey skills.

Easter Hat Parade, Grandparents' Day and Book Fair

Our students had an exciting morning showing off their hats, dancing and welcoming their grandparents. More news and images in our next newsletter.

Student Wellbeing

Congratulations to the following students on achieving Principal's Awards:

Silver Level 2: Xavier

Bronze Level 1: Addul

Bronze Level 2: Hussnia

Congratulations to Our Ozzie Mozzie Award Winner:



Ja'Leah

Lesley Coker & Angelique Brown

Relieving Principals

24 March 2016

25-28 March	Easter break
1 April	Autism awareness Day – wear blue
8 April	Anzac Ceremony 12:15pm
8 April	Last day for term 1
26 April	Staff Development Day
27 April	Students resume for term 2

Vacation care

With the school holidays fast approaching, Helping Hands Vacation Care Program is available. The program will be run from Oatlands Public School, Belmore Street East, Oatlands. This term we have booked excursions to Featherdale Farm and bowling and the children will be able to make new or renew friendships. Please contact Melissa to book your child into fun filled vacation care. It's a great idea to complete the enrolment form even though you may not need a permanent booking. The staff from Helping Hands is here to help. Pop into the hall or phone Melissa on 0475 823785.



Download a Vacation Care enrolment form from our webpage under the News tab.

Are your children spending too much time in front of screens? Check out the National Recommendations and tips to reduce daily screen time

<http://www.healthykids.nsw.gov.au/home/fact-sheets/turn-off-the-tv-or-computer-and-get-active.aspx>



it's planting season
join the fun at our...

FREE kids gardening classes

11am weekdays Mon 11 April - Fri 22 April

Children under 5 years of age must be supervised by an adult.
For more information go to www.facebook.com/FlowerPowerGardenCentres



How to reduce daily screen time!

It's recommended that children aged 6–12 years, have a maximum of 2 hours screen time every day (excluding homework).

Screens include: 

How can you minimise screen time?

- Encourage outdoor or active play
- Make meals and snacks 'screen free times'
- Make bedrooms 'screen free zones'
- Make time periods throughout the day 'screen free'

Try to keep these habits even during holidays!

LLW@S is a joint initiative between NSW Health and the NSW Department of Education



FREE Kid's Gardening Classes for 2016 at Flower Power Garden Centres.

Kids will appreciate the interactive workshop where they get to Plant, Explore and Learn about gardening. They will be taken on a tour of the nursery where they will marvel at the colour and variety of species, imitate a day in the garden by planting their own seedling and discover why autumn is the perfect time for planting.